

Physical Education

A-LEVEL

EXAM BOARD OCR

ASSESSMENT

COURSE CONTENT

Component 1: Physiological Factors Affecting Performance

Students will focus on key systems of the human body involved in movement and physical activity.

Component 2: Psychological Factors Affecting Performance

Students will gain a deeper understanding of the underlying psychological factors that influence our performance in physical activity and sport.

Component 3: Socio-cultural and Contemporary Issues

Students will gain an understanding of the sociological and contemporary factors that influence and affect physical activity and sport for both the audience and the performer and how sport affects society.

Component 4: Performance within Physical Education

Students will be required to undertake two parts within this component.

Part 1: Performance/coaching of a sport or activity.

Part 2: Students are also assessed in the Evaluation and Analysis of Performance for Improvement (EAPI). They observe a live or recorded performance by a peer and provide an oral analysis and critical evaluation of their peer's performance.

Component	Assessment	Duration	Weighting
1. Physiological factors	Written exam	2 hours	30%
2. Psychological Factors	Written exam	1 hour	20%
3. Socio-cultural & Contemporary Issues	Written exam	1 hour	20%
4. Performance within PE	Practical	N/A	30%

CAREER OPPORTUNITIES

A GCE qualification in Physical Education is now an essential prerequisite for specialist study in Physical Education and Sport Studies at higher education.

It also provides an excellent foundation for students to pursue careers in Physiotherapy, Teaching, Coaching, Sports Development, the Leisure Industry, Recreational Management, the Health and Fitness Industry and Professional Sport.

The course content also compliments studies in Psychology, Sociology, Geography and the Sciences.

