



*KS4 – 5 Transition
A-Level PE*

From the list below **choose** 3 questions to answer.
You should research your answer before putting pen to paper.
Answers should be kept to one side of A4 and be hand written.
Please reference any evidence and research you use.

1. Is the monetary cost of holding the Olympics worth it?
2. How much influence does the mind really have over the body?
3. If drugs were legal for all what would the sporting world look like?
4. Why do we 'hit the wall' during exercise?
5. Why train SMART?