

OCR CAMBRIDGE NATIONAL in SPORT J803, J813

Please find link to more information [here](#)

The Cambridge National in Sports studies is taught over 120 guided learning hours (GLH). It has core and optional specialist units. Learners must complete the two core units, and two optional units to reach a total of 120 GLH.

Core units:

- Contemporary issues in sport
- Developing sports skills

Optional specialist units:

- Sports Leadership
- Sport and the media

Cambridge National Sports Studies

Core Units

What's assessed?

Contemporary issues in sport

How it's assessed

- Written paper, OCR-set and marked 30GLH - 1 hour paper based exam - 60 marks

What's assessed?

Developing sports skills

How it's assessed

- Centre assessed task, OCR moderated. 30GLH- 60 marks

Optional specialist units

What's assessed?

Sports leadership

How it's assessed

- Centre assessed task, OCR moderated. 30GLH- 60 marks

What's assessed?

Sport and the media

How it's assessed

- Centre assessed task, OCR moderated. 30GLH- 60 marks

Content overview

For both the Award and the Certificate there are two mandatory units:

R051: Contemporary issues in sport

Students explore a range of topical and contemporary issues in sport, such as participation levels and barriers, promoting values and ethical behaviour, and how sport contributes to society as a whole beyond simply providing entertainment.

R052: Developing sports skills

Students try out a range of sports-related skills and techniques, including different practice methods for improving both their own performance and that of others. They develop their knowledge of the use of tactics and strategies in both individual and team sporting activities as well as their understanding of the rules, enabling them to carry out a number of officiating roles within the activities.

R053: Sports leadership

Students learn about some of the knowledge, understanding and practical skills required to be an effective sport leader. They put their knowledge into practice by planning and delivering safe and effective sporting activity sessions. Afterwards they review their performance.

R054: Sport and the media

Students explore the relationship between sports and the media: how sport uses the media to promote itself and the media uses sport to expand and maintain uptake of its products. They look at the differences in sports coverage across a range of media outlets and over time and the effect that media has had on public interest and involvement in sport.

All pupils are expected to develop the practical side of the subject by attending extra-curricular activities, clubs and aspiring to represent AGCTS in school teams and leadership roles.

This subject leads to a Cambridge Technical Level 3 in Sport at ag6.